

2018 Rimbey Community & Area Newsletter

HAPPY FATHER'S DAY

Recreation Services 403-843-3151 www.rimbey.com



Fun for Seniors



**June 13, 2018
Senior's Drop In**

**9:30: Elder Abuse Supports
10:30: Coffee & Socializing**

**Sept 12/18
Senior's Drop In**

**9:30: Get active, Stay young
10:30: Coffee & Socializing**

**Oct 10, 2018
Parkland Manor**

**9:30: Boosting Brain Health & Memory
10:30 Coffee & Socializing**

**Nov 14, 2018
Senior's Drop In**

**9:30: Diet and Nutrition
10:30: Coffee & Socializing**



Did you know...?

The water in the spray park is recirculated and treated water.

That means:

To keep the water nice and clean:

- Shower before using
- Keep food and drinks away from spray pad
- Do NOT drink the water.

Bike Rodeo

The bike rodeo on Saturday June 2, 2018 has been cancelled.



Rimbey Aquatic Centre

Schedules

SPRING POOL SCHEDULE May 22-June 30 2018 (excludes stat holidays)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Lane Swim 7-9am		Lane Swim 7-9am		Lane Swim 7-9am	
Rental 11am-12pm	School Rental 9-11am					Rental 11am-12pm
Parent & Tot/ Lane Swim 12-1:30pm	Parent & Tot/Lane Swim 11am-12:30pm					Parent & Tot/ Lane Swim 12-1:30pm
Public Swim 1:30-6pm	School Rental 12:30-3pm					Public Swim 1:30-6pm
Adult Swim 6-7pm	Public Swim 3-6pm	Public Swim 3-8pm				Adult Swim 6-7pm
	Value Drug Mart Free Swim 6-8pm	Adult Swim 8-9pm				

Statutory Holiday Hours:

- Victoria Day, Monday, May 21st— Public Swim 12-6pm
- Canada Day, Saturday, July 1st— Free Swim 3-6pm
- Heritage Day, Monday, August 6th— Public Swim 12-6pm
- Labour Day, Monday, September 3rd— Public Swim 12-6pm

VALUE DRUG MART
Sponsored Free Swim
Mondays 6-8pm
May-August

Single Admission Rates: Adult \$5.50, Senior/Student \$4.50, Youth \$4.00, Child \$3.00, Family \$15.00

Punch Pass: Adult \$49.50, Senior/Student \$40.50, Youth \$36.00, Child \$27.00, Family \$135.00

Rimbey Aquatic Centre Ph: 403-843-2437
www.rimbey.com www.facebook.com/rimbeyaquaticcentre



Rimby Community Addiction & Mental Health Services

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern.

“Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call 403-843-2406 for an appointment.”

A Father

doesn't tell you that he loves you.
He shows you

- Demetri The Stoneheart -

Rimby Legion News

Legion Bingo is the 2nd Friday of every month with the exception of November. NO Bingo July or August, regular Bingos resume in September. Doors open @ 6:30 p.m. Bingo Starts @ 7:00p.m.

- For Legion Hall Rentals call: 403 843-2184 or 403 843-2343
- For Legion Memberships call 403 843-2464

A DAUGHTER
NEEDS A DAD
TO BE THE
STANDARD
AGAINST WHICH
SHE WILL JUDGE
ALL MEN.

Catholic Social Services Family Counselling

Available in Rimby, For Everyone. on a sliding scale fee.

Call Red Deer Catholic
Social Services intake
403 347-8844 and ask
to be seen in Rimby

Do you struggle with Couples or Blended Family Issues, Communication, Anger management, Grief, Addiction, Depression, Anxiety, Self-esteem ?

RIMBEY & DISTRICT Rimby & District Victim **Victim Services** Services is seeking dedicated volunteer advocates to support people impacted by crime and tragedy. Make a important difference in their lives by supporting them during difficult times. Learn about us at rimbeyvictimservices.com or facebook.com/rimbeyvictimservices. Contact 403-843-8494 for a volunteer application.

Blindman Youth Action Society News

- May 31,2018 11:00-2:00—Community Awareness BBQ—come down and see what is happening! —by donation
- June 16, 2018 9:30-3:00—Fund raising garage sale, —donations accepted!
- Call Janet @ 403 843-2018 for more information

HELP A CHILD BLOOM!



ONLY ONE HOUR PER WEEK!



Big Brothers Big Sisters
of Rimby

Central Alberta Community Legal Clinic

The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid and who cannot afford to pay a lawyer. The Legal Clinic offers advice in the areas of Family Law, Criminal Law, Guardianship/Trusteeship, and certain areas of Civil Law/Wills.

You must fill out an intake form in person or by phone before an appointment is booked. For criminal matters, you must have your disclosure before an appointment can be booked.

If your legal and financial situation fits the guidelines of the Legal Clinic, an appointment to receive free legal advice from a volunteer lawyer will be scheduled. Family Law appointments are available in the towns of Rimbey and Ponoka at the FCSS offices. All other areas are available at the Red Deer Legal Clinic offices. The phone numbers for the Legal Clinic are:

Phone: 403-314-9129 Toll Free: 1-877-314-9129

Rimbey Library

403 843-2841

For more info. Check
<http://rimbeylibrary.prl.ab.ca/events>

Monday

Monday Mayham – 3:30

Tuesdays

Pre-school Storytime (3-5) 10:30 am

Wiggle Worms (0-3) 10:30 am

Twisted Tuesdays (kg – gr 6) 3:30 pm

June 5th – 7:00 Screenagers – a movie about internet safety

Wednesdays

After School Adventures 3:30 pm

Thursdays

Let's Go Lego! 3:30 pm (kg – gr 6)

June 7th – Movie Night sponsored by ConocoPhillips – 6:30 pm Kathmandu

June 14th – Armchair Traveller – destination TBA – 7:00 pm

June 21st – Board Games & Pizza 5:30

June 28th – Book Club – Little Bee by Chris Cleave – 6:00 pm

Fridays

Pre-School Storytime 10:30 am

Sensory Sculptors – 3:30 pm June 15th, 22nd

Fantabulous Friday 2:00 pm June 8th

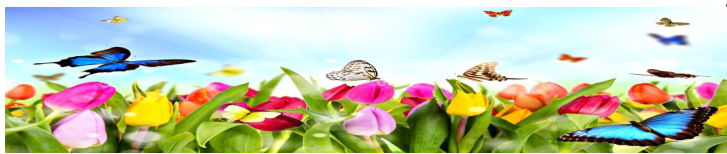
Coffee with Council – 3:00 pm

Summer Reading Kick Off Party – Lions Park 1 – 11:30

Saturdays

Boredom Busters 2:00 pm

June 6th – Author talk – Charlene Covers (nee Becker) 7:00 pm



Do you have car seat questions or need your car seat checked by a certified technician? Call Neighbourhood Place @ 403 843-4304, or email rimbeynp@telus.net Find us on facebook: <https://www.facebook.com/Rimbeycarsseats/>



CHECK OUT OUR NEW PROGRAMS

<http://www.centralparklandparentlink.ca/>



RIMBEY FCSS

would like to invite you to their Urban Poling Walks. Poles will be available to borrow from our lending library. Nordic Walking is one of Canada's fastest growing Fitness Activities!

Starting May 22nd Every Tuesday @ Noon

Meet at the Provincial Building, 5025-55 street Rimbey, AB. Any Questions call Pam 403-843-2030



Community Information & Referral Clinic

The 2nd Tuesday of each month
Rimbey Drop In – computer room
From 10 a.m. – til Noon.

Rimbey FCSS has a program to fit you. Whether you like cooking, have a young family, have an older family member, are an older family member, need help with meals, need some resources, support or company once in a while or maybe you want to give back to the community as a volunteer. We also have a resource library available Monday to Friday 8:30-4:30, closed from 12-1. It is free to the public with books on health, well being, parenting etc. Call 843-2030 or visit our website for program details www.rfcss.com

Healthy Families Program is asking if you know of a young mom in need of support to please pass our name along. Adult Day Support Program has space for new clients, seniors who want some company and would enjoy organized activities and snacks one or two days a week. Call FCSS @ 403-843-2030 for information on these and other activities and programs or go to rfcss.com

Dads are most
ORDINARY MEN
turned by love into
HEROES, ADVENTURERS,
STORY-TELLERS, AND
singers of songs

Rimbey Market at the Park

A great reason to get up on Saturday morning!



Saturdays 9:30-11:30 am
BUY LOCALLY

May 5 - October 6, 2018
at PAS-KA-POO PARK

INFO? 403-704-4001
rimbeyfarmersmarket@hotmail.com

Watch for upcoming events each month!



The Community Wellness Association is a group of citizens who meet once a month in the hope of addressing family violence, bullying (caring community) mental health and addiction in our community.

It's your community. It's your call.

**Report
Impaired
Drivers**



The Rimbey & Area Community Wellness Association has a “Centre for Positive relationships” which is housed at the Blindman Youth Action Building; the same building where Neighbourhood Place is located. At the moment, the Centre is a resource library with lots of helpful information that can be checked out for as long as required. Some examples of the titles offered are:

“Love & Respect in the family—the love children need”

“Why Gender Matters—what parents and teachers need to know about the emerging science of sex differences.”

“Women, Anger & Depression—strategies for self empowerment “

BE AWARE OF MOTORCYCLISTS ON THE ROAD AND GIVE THEM THE SPACE THEY NEED. (from saferoads.ca) Whether you're a hobby rider, commuter, or long distance rider, riding a motorcycle is a popular way Albertan's travel. But motorcycle safety involves all road users. In a vehicle, a driver can feel invincible – on a bike, a rider is extremely vulnerable.

Facts to Know:

- Motorcycles are less stable and less visible than cars and often have high-performance capabilities.
- 3,247 motorcyclists were involved in casualty collisions over a 5-year period. These collisions resulted in 163 deaths and 3,356 injuries (2012-2016).
- 46% of motorcyclists involved in casualty collisions committed an improper action. More than half of these errors were running off the road or following too closely (2012 – 2016).
- Almost one-fifth of motorcyclists involved in casualty collisions were travelling at a speed too fast for the given conditions. In fatal collisions, four in ten motorcyclists were travelling at unsafe speeds (2012 – 2016).
- More than two-thirds of collisions involving a motorcycle resulted in death or injury. This compares to approximately one in 10 for all collisions (2012 – 2016).
- The younger the motorcyclist, the higher the collision rate. Motorcycle riders aged 16 to 17 years had the highest involvement rate per 1,000 licensed motorcyclists (2016).

This article (2nd part) from the Guardian talks about Urban children but is just as relevant to our kids in Rimbey.

“Don't underestimate the power of children,” says Tirana's young mayor, Erion Veliaj. After a survey showed the city's parents spend more on their cars than their kids. Dangerous roads, dilapidated facilities and poor use of green space all help deter kids from playing outside, pushing them towards solitary, indoors activities. If we can build a successful city for children, we will have a successful city for everyone Enrique Peñalosa Tirana: trust the silent majority, children, Veliaj has used this statistic as moral leverage to refocus priorities. In a city short on funds, businesses have sponsored the transformation of kindergartens and nurseries from run-down “prison cells” into beautiful spaces, with 10 new ones on the way via public-private partnerships. Repeated traffic closures on the huge Skanderbeg Square for play convinced residents to accept it as a permanent car-free space. Every three months the pedestrian zone expands by one more street, until the city centre eventually goes completely car-free. PM10 pollutants have already dropped by 15%



RIMBEY & AREA COMMUNITY NEWSLETTER - Available at: The Town Office, The Community Centre, Blindman Youth Action Building, Rimbey Foods, FCSS, Seniors Drop-in, The Manor, A&W, Subway, COOP, The Grand Hotel & Bluffton Store Brought to you by Rimbey Neighbourhood Place. Please send us your submissions, questions or concerns: 4907 49th Street PO Box 980 Rimbey, AB T0C 2J0
phone:403.843.4304 e-mail: rimbeynp@telus.net