

January 2024

Rimbey & Area

Community Newsletter

The Santa Night Committee would like to
Thank the following Sponsors that helped
to make our
Santa Night 2023 a great Success.



Santa & Mrs. Claus

Thank you to all the businesses and organizations that help decorate the Pas Ka Poo Park.
Servus Credit Union, Royal Canadian Legion #36 Rimbey, Recreation Department Town of Rimbey,
Rimbey 4H, Rimbey Historical Society, Rimbey FCSS, Rimbey Nursery School, Blindman Valley Li-
ons Rimbey, Keyera Rimbey Gas Plant, Bluffton 4H., RES Student /Parent Council, Joanne Reaugh,
Rimbeek Farms Team, Evergreen Co-op Rimbey,

Thank you to all the volunteers that helped to make Santa night a great success. Lantin Ranch
Rimbey Sleigh, Wagon and Saddle Club, Barry Nesbitt, FCSS, Rimbey Food Bank, RES Stu-
dent and Parent Council, Santa Night Committee, Rimbey Historical Society.

Peter Lougheed Community Centre Programs 2023/24

Tuesday and Thursdays Badminton and Pickle Ball 1:30-3:00pm and 7:00pm-
8:30pm \$2.00 Drop in or purchase a punch card for \$20.00.

We will be offering Free Weights class, Pilate's Class, Yoga Class, and Zumba
in the upper auditorium.

Get your Punch Card for \$90.00 for 10 classes that gives you access to
anyone of the classes offered and save \$10.00. You can also do a \$10.00
drop in to either class.

Yoga - Tuesdays 7pm-8pm

Free Weights – Wednesday 5:45pm-6:30pm

Zumba - Thursdays 7pm-8pm

Pilates – Saturdays 10am-11am

Free Weights Sundays 5:45pm-6:30/ Yoga 6:30-7pm

For more information call 403-843-3151 or email programs@rimbey.com

The RIMBEY & AREA COMMUNITY NEWSLETTER -is brought to you by Rimbey Neighbourhood Place in
partnership with the town of Rimbey Recreation Department and is available at: Neighbourhood Place,
the Town Office, Rimbey Foods, the Tickle Trunk, Subway, COOP Please send us your submissions, ques-
tions or concerns: 4907 49th Street PO Box 980 Rimbey, AB T0C 2J0 phone:403.843.4304, text 780 887-2702 or e-
mail: rimbeynp@telus.net

CALM DOWN KIDS

Monday afternoons
1-2:30 PM

Join us for Sensory Friendly Play!

- Safe space for kids ages 0-5
- Low stimulating environment
- Variety of sensory focused activities

BLINDMAN YOUTH ACTION BUILDING
4907 49 STREET
CALL 403-843-4304 FOR MORE INFO!

Rimby Family Resource Centre

Neighbourhood Place Program

MUMSTERS & BABES

a group for parents with kids under 2

Monday mornings 10:00 am - 11:30am

Register by text Please 403 872-1968

Financial contribution from
Public Health Agency of Canada / Agence de la santé publique du Canada

4907 - 49 street

Rimby Neighbourhood Place

drop in

Grow and Play

Tuesday mornings - 9:30-11:30

Blindman Youth Action Building

Financial contribution from
Public Health Agency of Canada / Agence de la santé publique du Canada

Rimby Neighbourhood Place

Parents Time Out

Connection, support, and self care for parents of young children - with child care provided

Thursday Morning 9:30-11:30

registration required - text Sam @ 403 872-1968

located at the Blindman Youth Action Building 4907 - 49 street

Financial contribution from
Public Health Agency of Canada / Agence de la santé publique du Canada

Central Alberta Community Legal Clinic
The Central Alberta Community Legal Clinic offers free legal advice to those who do not qualify for Legal Aid and who cannot afford to pay a lawyer. The Legal Clinic offers advice in the areas of Family Law, Criminal Law, Guardianship/Trusteeship, and certain areas of Civil Law/Wills.

You must fill out an intake form in person or by phone before an appointment is booked. For criminal matters, you must have your disclosure before an appointment can be booked.

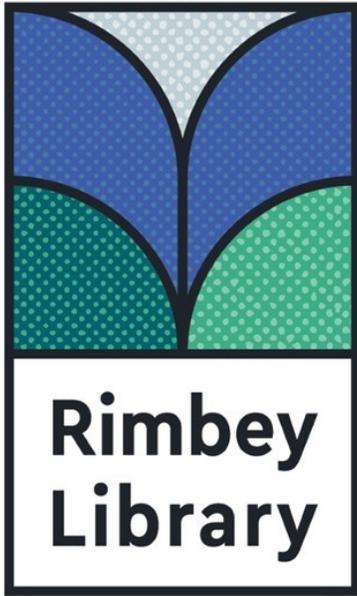
Phone: 403-314-9129 Toll Free: 1-877-314-9129

**Rimby Community
Addiction & Mental Health Services**

Free services offered by AHS for Children and Adults, struggling with addictions, anxiety, depression or any other mental health concern.
“Hours of operation: Monday-Thursday 8:00-4:30p.m., Closed during the lunch hour 12:00-1:00p.m., Closed for Statutory Holidays. Please call the central intake line @ 1 -888-594-0211 for an appointment.”



JANUARY 2024



rimbeylibrary.prl.ab.ca

403-843-2841

ari@prl.ab.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Storytime 10:30 AM Lego League 2 PM	3 Winter Wonderland Decorating 2 PM	4 Nerf Wars 2 PM Family Movie TNMT-Mutant Mayhem 6:30 PM	5 Fantastic Chef Friday 2 PM Star Wars Movie 7 PM	6 Winter Wonder With Science 2 PM
7	8	9 Storytime With Sue 10:30 AM Lego League 3:30 PM Pilates 7:15	10 Wacky Wednesday 3:30 PM Pipe Cleaner and Beaded	11 Pizza and Game Night 6 PM	12 Gamer's Garage 3:30 PM	13 Candle Making 2PM
14	15	16 Storytime With Sue 10:30 AM Lego League 3:30 PM Pilates 7:15	17 Wacky Wednesday 3:30 PM Fork Painted Polar Bear	18 Armchair Traveler Patrick Rurka	19 Fantastic Chef Friday 2 PM	20
21	22	23 Storytime With Sue 10:30 AM Lego League 3:30 PM Pilates 7:15	24 Wacky Wednesday 3:30 PM Paint Your Mittens	25 Book Club Movie Night The Kite Runner	26	27 Family Literacy Day Movement Mayhem 2 PM
28	29	30 Storytime With Sue 10:30 AM Lego League 3:30 PM Pilates 7:15	31 Wacky Wednesday 3:30 PM Snowman Wind Sock			

Rimbey Family Resource Centre

Providing local, in person support to individuals and families on their journey of navigating life with developmental disabilities.

We are here to help!

WHAT WE DO

- Support accessing disability supports and resources available to individuals and families in Alberta
 - FSCD and PDD support
 - Learning opportunities and workshops
 - Family Managed Services (FMS) support



www.neighbourhoodplace.com

Contact Us
403-843-4304

Visit us in person!
Monday-Friday
9AM-4PM

4907 49 Street (BYAS Building)
Rimbey AB

Family Resource Network

Wetaskiwin, Ponoka, Rimbey, and surrounding areas

Alberta
Provincial Family
Resource Networks



The Family Resource Network provides a variety of programs in the community for children, youth, and families to enhance skills, strategies, resilience, and connections to the community.

Early Child Development	Wahkohtowin Traditional Parenting
Child and Youth Development	Māmawipāyiwin
Parent Education	In home support for parents, caregivers, and youth 13 and up

CONTACT THE FRN HUB TODAY FOR MORE INFORMATION:

780-352-4643 EXT. 3

KATHRYN@WETASKIWINYOUTH.CA

@FRNWET

Rimbey Medical Clinic is expanding to better host our new physicians. Thank you for your patience and understanding during our construction.

Need to Talk? We're Listening.

Finances should never be a barrier to mental health support. We offer options for low cost and subsidized counselling services

Sessions are currently being offered virtually, by phone, and in person.

Call (403) 347-8844 or email info@cssalberta.ca to inquire.



cssalberta.ca



RIMBEY UNITED CHURCH COLLECTING WINTER ITEMS

Again this winter Rimbey United Church is coordinating the collection of winter articles for Turning Point.

Turning Point Society in Red Deer has been responding to the needs of communities using a harm reduction approach for 30 years.

Turning point runs 6 different programs. One of these is called "NightReach".

365 evenings a year, a team of two NightReach staff walk the streets and paths offering after-hour support to a wide range of individuals facing vulnerability due to place or circumstance.

NightReach staff are easily recognizable by their bright red backpacks, which are packed with a wide range of harm reduction materials, clothing, first aid supplies and snacks

NightReach also provides non-judgmental support and referrals for food, housing, health care, addictions, pregnancy support, legal concerns and employment services to many street-involved individuals. Staff also do debris clean-up as required.

This is the fifth year Rimbey United Church plans to support this program by collecting winter clothing for adult men and women. Gently used winter boots and clothing may be dropped off at the church or Rimbey Public Library. Gloves, hand warmers and new toothbrushes are also needed. The church will accept any monetary donations for this program and forward them to Turning Point.

Collection date Oct 15th to Jan 15th.

HOME ROUTES IS BACK AT THE BEATTY HERITAGE HOUSE

Tue. Feb. 6 Pat Byrne

Wed. Mar 13 Lynne Hanson

Thurs. Apr. 11
Kitty and the Rooster

Fri. May 17 Kalyna Rakel and Dan Gurma

Concert time: 7:30 p.m.
Cost \$30.00

Call Teri Ormberg 403-843-6497 or email bhhsociety@gmail.com to reserve a seat

The Community Wellness Association is a group of citizens who meet once a month in the hope of addressing community and social issues. Please call 403 843-4304 for more info.

Rimbey Royal Canadian Legion News

Legion Bingo - the 2nd & 4th Friday of the month. Doors open @ 6:30 p.m. Bingo Starts @ 7:00p.m.

*** Progressive BINGO. For Legion Hall Rentals call:*

403 843-2184 or 403 843-2343.

For Legion Memberships call

403 843-2464



RIMBEY AA Meetings
Anglican Church - 5207 52 Ave
Wednesday Evenings @ 7:30